



Year	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
EYFS	Locomotion: Walking		Gymnastics: Movement		Ball Skills: Hands		Dance: Dinosaurs		Ball skills: Feet		Games for Understanding	
Year 1	Locomotion: Running	Gymnastics: Wide, Narrow and Curled	Multi-Skills: Throwing and Catching	Gymnastics: Body Parts	Ball Skills: Feet	Dance: The Zoo	Ball Skills: Rackets, Bats and Balls	Dance: Heroes	Locomotion: Jumping and Hopping	Team Building	Games for Understanding	Athletics/Health and Wellbeing
Year 2	Locomotion: Dodging	Gymnastics: Linking	Multi Skills: Throwing and Catching	Gymnastics: Pathways	Ball Skills: Feet	Dance: Water	Ball Skills: Rackets, Bats and Balls	Dance: Explorers	Locomotion: Jumping and Hopping	Team Building	Games for Understanding	Athletics/Health and Wellbeing
Year 3	Invasion Games: Netball	Gymnastics: Symmetry and Asymmetry	Invasion Games: Football	Health Related Exercise	Invasion Games: Hockey	Dance: Wild Animals	Striking and Fielding: Cricket	Invasion Games: Tag Rugby	Swimming	Net/Wall Games: Tennis	Swimming (For Summer 2 2024, Y6 take this slot as they are catching up from Y5)	Athletics
Year 4	Invasion Games: Basketball	Gymnastics: Bridges	Invasion Games: Football	Dance: Cats	Invasion Games: Hockey	Swimming	Swimming	Striking and Fielding: Cricket	Outdoor Adventure Orienteering	Net/Wall Games: Tennis	Striking and Fielding: Rounders	Athletics
Year 5	Invasion Games: Netball	Swimming	Swimming	Gymnastics: Counter Balance	Invasion Games: Hockey	Dance: The Greeks	Striking and Fielding: Cricket	Invasion Games: Tag Rugby	Outdoor Adventure Orienteering	Net/Wall Games: Tennis	Striking and Fielding: Rounders	Athletics
Year 6	Invasion Games: Basketball	Gymnastics: Matching and Mirroring	Invasion Games: Football	Health Related Exercise	Invasion Games: Hockey	Dance: Carnival	Striking and Fielding: Cricket	Invasion Games: Tag Rugby	Outdoor Adventure Orienteering	Net/Wall Games: Tennis	Striking and Fielding: Rounders	Athletics

